

JBSA Suicide Prevention Program

Circle of Support

Learn the skills to intervene in a suicide situation

A Soldier's Circle of Support (CoS) includes anyone whom the Soldier considers to be a priority within their support system, such as a spouse, significant other, parent, sibling, other family member, mentor, and friend. The intent is that offering Circle of Support members the same knowledge and skills can promote effective communication, bolster protective factors like increased cohesion and connection, and increase suicide prevention efforts within the whole Army Family.



UPCOMING FY25

COURSE DATES:

CLASS LOCATION: R2 PERFORMANCE CTR

📍 2802 Harney Path, Bldg 2620, FSH



CoS BASE MODULE: 12 DECEMBER 2024, 0900-1030 hrs.

CoS FIGHTING STIGMA MODULE: 20 FEBRUARY 2025, 0900-1030 hrs.

CoS ACTIVE LISTENING MODULE: 23 JUNE 2025, 1300-1430 hrs.

CoS PRACTICING ACE MODULE: 07 AUGUST 2025, 0900-1030 hrs.

SCAN HERE TO EMAIL SPCC:



JBSA Suicide Prevention Program office is located in the Vogel Resiliency Center (VRC) on JBSA Fort Sam Houston, and provides support of training and education by assisting commanders and service members reduce suicidal risk factors and increase healthy outcomes. For information and/or to register please call 210-363-7281.



**JBSA Army Suicide Prevention
Program Coordinator (SPCC):
Mrs. Jervania Gaines
(210) 363-7281**

